



All events are Heat Declared Winners with the exception of the Medley Skins events

**Saturday 21st November 2009**

<b><u>Session 1</u></b>		<b><u>Session 2</u></b>	
Warm Up 8:00 am Start 9:15 am		Warm TBA	
<b><u>Event No.</u></b>		<b><u>Event No.</u></b>	
101	Boys 200m Individual Medley	201	Girls 200m Freestyle
102	Girls 200m Butterfly	202	Boys 200m Butterfly
103	Boys 100m Breaststroke	203	Girls 100m Breaststroke
104	Girls 50m Freestyle	204	Boys 100m Backstroke
105	Boys Medley Skins	205	Girls 50m Butterfly

<b><u>Session 3</u></b>	
Warm Up TBA	
<b><u>Event No.</u></b>	
301	Girls 200m Backstroke
302	Boys 200m Breaststroke
303	Girls 100m Freestyle
304	Boys 50m Backstroke

**Sunday 22nd November 2009**

<b><u>Session 4</u></b>		<b><u>Session 5</u></b>	
Warm Up 8:00 am Start 9:15 am		Warm Up TBA	
<b><u>Event No</u></b>		<b><u>Event No</u></b>	
401	Girls 200m Individual Medley	501	Boys 200m Freestyle
402	Boys 200m Backstroke	502	Girls 200m Breaststroke
403	Girls 100m Butterfly	503	Boys 100m Butterfly
404	Boys 100m Freestyle	504	Girls 50m Backstroke
405	Girls 50m Breaststroke	505	Boys 50m Breaststroke
406	Boys 50m Butterfly	506	Girls 100m Backstroke
407	Girls Medley Skins	507	Boys 50m Freestyle