



Happy New Year



President's Shield

This year's President's Shield was awarded to **Josh Beeston**. This was for being a good role model to others, a good all round swimming performance and support on poolside. Well done **Josh!**

PB Awards

It was a privilege for Barry to present the PB awards to **Katie Banks** and **Liam O'Keefe** prior to Christmas. The awards are recognition of outstanding achievements and improvements throughout the year and although a number of swimmers met with the criteria, Katie and Liam stood out above the rest.

Katie is an excellent role model for anyone at the club. She is dedicated and determined to succeed and I am sure if she continues to train as she did in 2008, then National Qualification times will become a distinct possibility.

Liam has shown that perseverance is an important attribute for a swimmer. In 2008, he reaped the rewards of training hard when things don't go according to plan and thoroughly deserves this accolade. I now expect Liam to go from strength to strength.

To the swimmers who missed out on the awards in 2008, I urge you to continue to work hard, set yourself some goals for 2009 and ensure you give everything you possibly can in order to reach your targets and then maybe you could be recipients of the 2009 trophies.



Congratulations – Birthday Competition Winner

Rhys Alton (email received 31.12.08)

Dates to Remember – 2009

January

- 10.1.09 Sports Centre League Round 1 – 9,11,13,15
- 17.1.09 Minor Gala League (Spring) Round 1 – 10,11,12,13
- 24.1.09 Spring Competition Round 1 – 10,12,14,Open
- 31.1.09 Minor Gala League (Spring) Round 2 – 10,11,12,13

February

- 7.2.09 Spring Competition Round 2 – 10,12,14,Open
- 14.2.09 County Championships – Beechdale
- 15.2.09 County Championships – Beechdale
- 29.2.09 County Championships – Water Meadows

March

- 7.3.09 County Championships 800m Free – Worksop
- 14.3.09 County Championships 1500m Free – Retford
- 21.3.09 County Championships – Water Meadows
- 28.3.09 Minor Gala League (Spring) Round 3 – 10,11,12,13

Membership

Forms are now available from the front desk. Please complete your membership forms and hand them back as soon as possible.

Gala Phone – MSC now have a club mobile phone which is dedicated for Galas. The number is 07518 021073. The Team Manager will have the phone on Gala days for you to contact in case of difficulties i.e. sickness, lateness etc



Happy Birthday!

Megan Alsop, Jessica Berry, Joss Bevan, Selena Burgess, Kimberley Colton, Lottie Hayes, Grahame Hemsall, Jacob Hodge, Nathan Jones, Heidi Loydall, Daniel Mills, Paul Mills, Conor Parkin, Kai Parkin, Charlotte Porter, Amie Redfern, Benjamin Rees, Asher Smith, Charis Smith, Abbie Severson, Thomas Timmons, Ricky Williamson.



Who wants to win a box of chocolates? The first member from the birthday list above who emails me with their name and membership number will win a box of chocolates. Winner will be announced in February's newsletter.

And finally.....

A sale is not a sale until it has been paid for.

