



MANSFIELD SWIMMING CLUB
CLUB CHAMPIONSHIPS - GALA RULES
 UNDER A.S.A. LAWS AND TECHNICAL RULES - ONE START RULE



Gala Information

Age Group Scoring and Swims

The overall age group positions will be decided by points gained from the best swim in each category (see below). These points will be based on 2009 BAGCAT points (British Age Group Categories), which are National measures of performance based on gender, stroke, distance, age and time. The calculation will give a point's value of how good each swim is compared to a National benchmark.

There is no provision for BAGCAT points for a 25m swim. These will be calculated as follows, the 25m time will be doubled and 20% added to it, that calculated time will be used to calculate the BAGCAT points for a 50m swim. Those points will then be halved to give the BAGCAT points for a 25m swim.

8u		3 Swims with most Points from free (25 or 50), fly (25 or 50), back (25 or 50), breast (25 or 50)
9	Category 1	Swim with most Points from 25 or 50 Sprint (Back, Breast, Fly, Free)
	Category 2	Swim with most Points from 200 (Back, Breast, Fly, Free)
	Category 3	Swim with most Points from IM (100, 200)
10, 11	Category 1	Swim with most Points from 50 Sprint (Back, Breast, Fly, Free)
	Category 2	Swim with most Points from 200 (Back, Breast, Fly, Free)
	Category 3	Swim with most Points from IM (100, 200)
12+	Category 1	Swim with most Points from 50 or 100 Sprint (Back, Breast, Fly, Free)
	Category 2	Points from 200 Free
	Category 3	Swim with most Points from 200 Form Distance (Back, Breast, Fly)
	Category 4	Swim with most Points from 100 or 200 IM

Swimmers should bring two pool side tee shirts, two towels, a drink and the appropriate swimwear etc.

200 Cut Off Times

Back	Breast	Fly	Free	IM
4:19.00	4:58.00	5:12.00	3:55.00	4:24.00

Note: to enter these events you must have achieved these cut off times. These entries require a coaches initials on your entry form. Please see your coach if you do not have this time.

Warm up Information

Warm up will start at 6:30pm and finish at 7:00pm



MANSFIELD SWIMMING CLUB

CLUB CHAMPIONSHIPS - GALA RULES

UNDER A.S.A. LAWS AND TECHNICAL RULES - ONE START RULE



Gala Events

Gala 1 - Sunday 14 th June 09		Warm up starts 6:30pm		Gala starts at 7:00pm
Event 1	Mixed	Breast		200
Event 2	Mixed	Free		50
Event 3	Mixed	IM		100
Event 4	Mixed	Fly		50
Gala 2 - Sunday 21 st June 09		Warm up starts 6:30pm		Gala starts at 7:00pm
Event 11	Mixed	IM		200
Event 12	Mixed	Breast		25
Event 13	Mixed	Back		50
Event 14	Mixed	Free		25
Event 15	Mixed	Breast		100
Gala 3 - Sunday 28 th June 09		Warm up starts 6:30pm		Gala starts at 7:00pm
Event 21	Mixed	Back		200
Event 22	Mixed	Fly		100
Event 23	Mixed	Beginners Width		12.5
Event 24	Mixed	Breast		50
Event 25	Mixed	Free		100
Gala 4 - Sunday 5 th July 09		Warm up starts 6:30pm		Gala starts at 7:00pm
Event 31	Mixed	Free		200
Event 32	Mixed	Back		25
Event 33	Mixed	Back		100
Event 34	Mixed	Fly		25
Event 35	Mixed	Fly		200

General Information

Please complete the entry form and enter a time for all of your swims, if you have not achieved a time for a particular stroke or distance and would still like to take part, please see your coach or simply tick the box(es) for the non 200m swims.

Make a note of the closing date (Thursday 21st May 09), the gala rules and dates and return your completed entry form along with the fee, (cheques made payable to Mansfield Swimming Club) to the Mansfield Swimming Club's Payments Desk at Water Meadows, where they will be collected.

This is a cardless event, no entry cards will be issued. Approximately 1 week before the first gala acceptance slips will be available at the entry desk. **The draft program will also be published on the web site.** If you have not received your slip, please contact Christine Chadburn on poolside or at g.chadburn@ntlworld.com

Because this is a cardless gala it is very import that you notify the organisers of withdrawals. This way we will reduce the number of empty lanes. Please inform Christine Chadburn (as above) any time before the gala start OR report the withdrawal to the computer desk on the day before the start of the warm up (6:30pm).

All swimmers must report to the competitor's steward on the poolside for instructions.

All competitors and spectators are requested to be quiet at the start of each event/race.

There will be a charge to all spectators



MANSFIELD SWIMMING CLUB
CLUB CHAMPIONSHIPS - GALA RULES
UNDER A.S.A. LAWS AND TECHNICAL RULES - ONE START RULE



Gala Rules

- All swims will be mixed gender.
- Age Groups
8 years & under, 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years, 16 years, 17 years & over.
- Trophies will only be awarded to Swimmers that hold a fully paid up membership as at 21st May 2009
- In order to be eligible for an Age Group Award/Trophy, competitors that are members of other clubs must meet the following criteria
 - You must have held a continuous membership with Mansfield Swimming Club for a longer period than your other Club(s) in that competitive year.
 - You must not have swum in another Club's Championships in that competitive year.

Swimmers who cannot comply with these regulations must complete their entry forms and clearly indicate that they are "Swimming for times only".

- BAGCAT points will be awarded for the times achieved in all events. The best BAGCAT points as per age group scoring, will count in determining the overall positions within each age group. In the unlikely event of a tie, the swimmer with the highest number of BAGCAT points for 1 event will be ranked higher.
- One trophy based on their overall position will be presented to **ALL** swimmers who obtain BAGCAT points at the Presentation Evening on Friday 17th July 2009 at Rainworth Miners Welfare. Entrance will be free.
- 200 metres Freestyle perpetual trophies will be awarded for the first position in dual age groups: - 9/10 years, 11/12 years, 13/14 years, 15/16 years and 17 years & over.
- Existing Perpetual trophies will be awarded to the top boy and girl swimmer in each age group. These will not be presented at presentation night.

Note: can all perpetual trophies be CLEANED and returned to the MSC entry desk at Water Meadows by the 31st May 2009

- On the day of the Gala it is the responsibility of the Swimmers and parents/carers to ensure that the swimmers adhere to the Gala Rules.
- No refunds will be made for cancellation of accepted entries after the closing date.
- Late entries will not be accepted, except due to a proven error by the Club.
- All eventualities not covered by these rules will be left to the discretion of the Club Championship Committee.
- All final heats will be spearheaded.
- Beginners can swim in the Beginners Width (1/2 length) but not in the main competition.
 - Note: The beginners width will start in the middle of the pool and swim to the shallow end. Older swimmers will be suitably placed to assist in this event.
- To swim any of the 200m events, you must have achieved the stated qualifying times at a gala or a club time trial. These entries require a coaches initials on your entry form. Please see your coach if you do not have this time.
- Please **do not** take pictures with camera or camera phone at any of the events.
- All eventualities not covered will be decided at the discretion of the Gala referee. Their decision is final.
- Only swimmers who hold the competitive start award are allowed to dive into the pool, otherwise they must start in the water. Please see the poolside coaches for information about obtaining this award.



MANSFIELD SWIMMING CLUB
CLUB CHAMPIONSHIPS - GALA RULES
UNDER A.S.A. LAWS AND TECHNICAL RULES - ONE START RULE



Club Champs Committee:

Kay Colton: Maureen Shaw: Louise Hollins: Jill Palmer: Christine Chadburn: Richard Collins: Ivan Colton: Carole Young: Sheila O'Keefe:

Sponsorship

Would you like to sponsor an event? or do you know anyone that would like to?

Club Championship events can be sponsored for a fee of £10 each.

All monies raised will go towards the running costs of the gala and the purchase of the trophies.

The sponsors name will be prominently displayed in the Club Championship programme.

If you are interested please contact any of the Club Champs Committee members (above) who can generally be found at Water Meadows during the weekly training sessions.

Or, the club secretary at the following email address, mscsec@ntlworld.com

Help

If you would like to volunteer to help in any way before/during/after any of the gala's, please indicate on the entry form or contact any of the above committee members. We are always looking for parents/carers to get more involved with the club.

Remember, without volunteers we would not be able to run this event. We are looking for Poolside Helpers, Stewards, Time keepers, Judges, help on the computer, help with the electronic timing, refreshments etc.. Please indicate on the entry form.

Diary Dates

Thursday 21st May 2009 - Closing date for entries

Thursday 21st May 2009 - Last date for membership fees to be paid to qualify for entry

Friday 17th July 2009 - Presentation Evening, Rainworth Miners Welfare